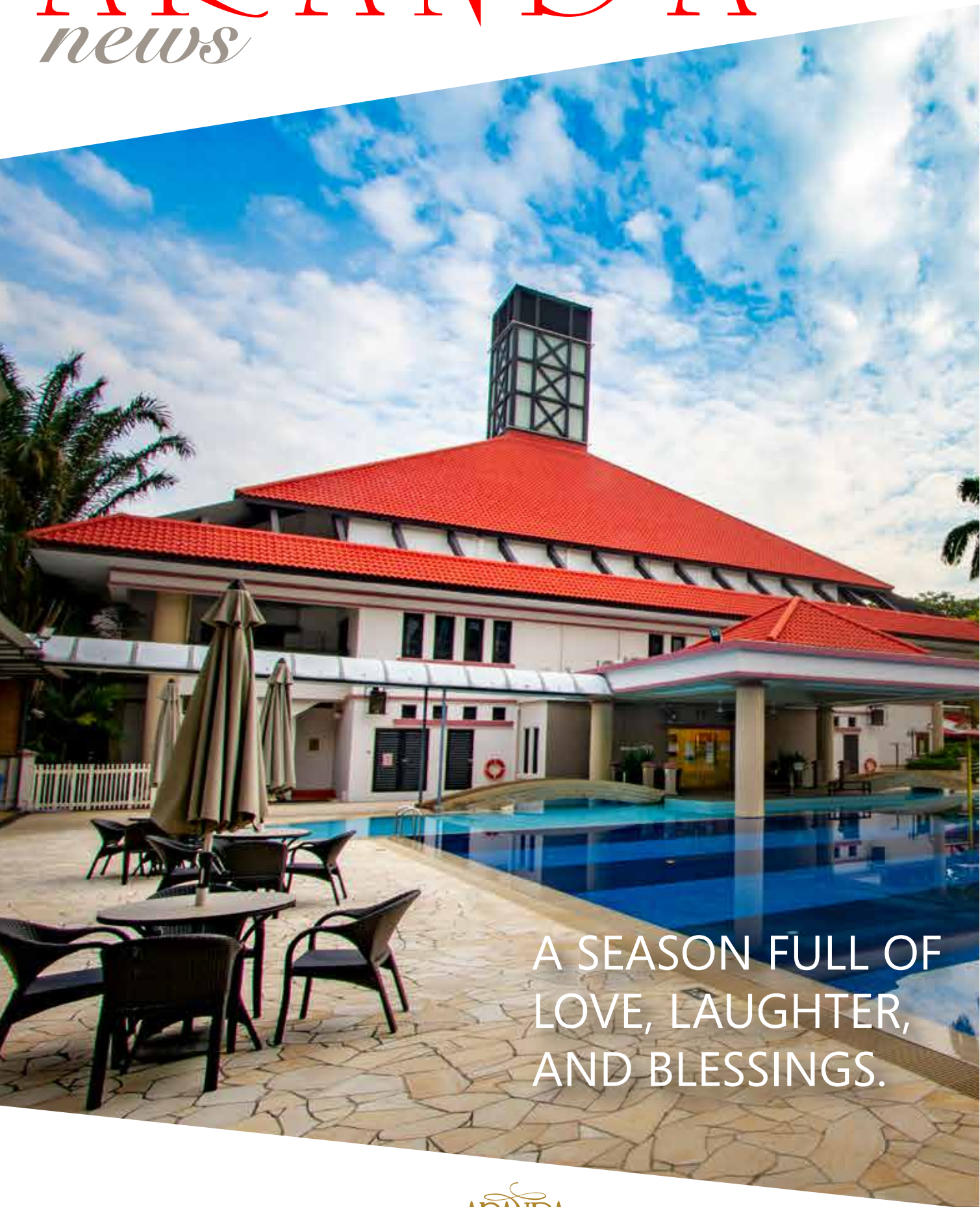


ARANDA

news



A SEASON FULL OF
LOVE, LAUGHTER,
AND BLESSINGS.



CLUB COMMITTEES & GENERAL INFORMATION

General Committee

PRESIDENT

Mr. Chong Kee Hiong

VICE PRESIDENT

Mr. Lim Eng Lee

SECRETARY / GM

Mr. Benny Lee

TREASURER

Ms. Ho Poh Ching

MEMBERS

Mr. Franz Yeo

Mr. Raymond Chin

Mr. Ronnie Tan

Aranda News is published quarterly and distributed free to the members of the Club. Views and opinions expressed may not necessarily reflect those of the Club, its committee or editorial staff.

To receive an e-copy of this newsletter, advertise or provide editorial content, please email to marketing@arandaclub.org.sg.

© All rights reserved.



- 01 Introduction of Aranda Country Club's General Committee 2022/2023 | Upgrading News
- 02 Perspective of Digital Country Bumpkin | Bedok Garden Landscape Construction
- 03 Term Membership
- 04 The Unsung Heroes Behind The Scene of The Makeover 18 Executive Suites
- 05 Aranda Country Club Got Talent: A Closeup Interview with Uncle Dennis
- 06 Aranda Country Club Got Talent! Naturally Nana
- 07 Guest compliments
- 08 Programmes
- 09 The Apiary
- 10 ASPA | Learning Jungle
- 11 Yvonne Swim School's coaching techniques
- 12 Home Renovation Staycation Package
- 13 OCC Taiji Quan
- 14 Go With The Flow with nEbO
- 15 Stay Updated with Technology
- 16 Yvonne Swim School

Introduction of Aranda Country Club's General Committee 2022/2023

Let's welcome on board the new members of ACC's General Committee 2022/2023.



President
Mr. Chong Kee Hiong



Vice President
Mr. Lim Eng Lee



Treasurer
Ms. Ho Poh Ching



Secretary / General Manager
Mr. Benny Lee



Member
Mr. Ronnie Tan

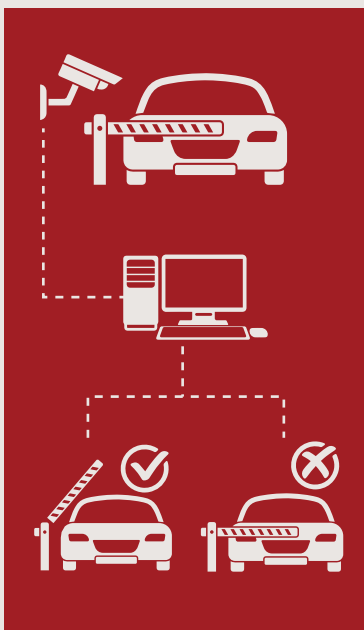


Member
Mr. Raymond Chin



Member
Mr. Franz Yeo

ELECTRONIC PARKING SYSTEM



Upgrading Works to Serve You Better

As part of our ongoing efforts to serve you better, Aranda Country Club is implementing a Full Electronic Parking System (EPS). This will enable vehicles with In-vehicle Unit (IU) to gain entry and exit car parks in a convenient hands-free manner. We have also demolished the guardhouse and completed the upgrading of the area behind the security checkpoint at our Executive Suites. This will provide better maneuvering for vehicles and a better aesthetic look as we walk into the Executive Suites building.

We are pleased to inform you that members will be able to enjoy complimentary parking at Downtown East multi-storey carpark and Begonia Carpark B in the coming months,

in addition to the free parking at Aranda Country Club. The upgrading works are in progress and we will inform you once the complimentary parking at these two carparks have been operational. For those who have yet to update your details, please email to linda.brueschweiler@arandaclub.org.sg with your full name, membership number, vehicle number plate and IU number. Alternatively, you can call the hotline at 6584 6811.





Perspective of Digital Country Bumpkin

"I've never seen such beautiful plants and I really don't know what they are! It's really refreshing and a relief from the hustle bustle of the current digital life" (Digital Country Bumpkin of ACC)

Help the Digital Country Bumpkin to reveal the location in ACC and identify three of these plants. Just drop us an email to membership@arandaclub.org.sg. If you are the first five, we'll award you an ACC corporate premium. No prizes for identifying the Digital Country Bumpkin. If you are keen to kickstart the revival of the Garden Gallery, feel free to drop us an email or leave your contact details with the reception. Thank you.

Equipped with the manpower, knowledge, and experience in plants, garden, lawn and landscaping maintenance, we would offer the assurance of a stunning, lush landscape. Our clientele includes hotels, clubs, condominiums, commercial complexes, government buildings, hospitals and healthcare centres, theme parks, etc.

Our gardening services include garden maintenance which consists of grass cutting, fertilisation, and pest control, among many others.

Contact us to see a full list of our services.



BEDOK GARDEN LANDSCAPE CONSTRUCTION PTE LTD

1002A Upper Serangoon Road Singapore 534740

Email: bedok.gdn@gmail.com

Andrew Low: 9238 1768

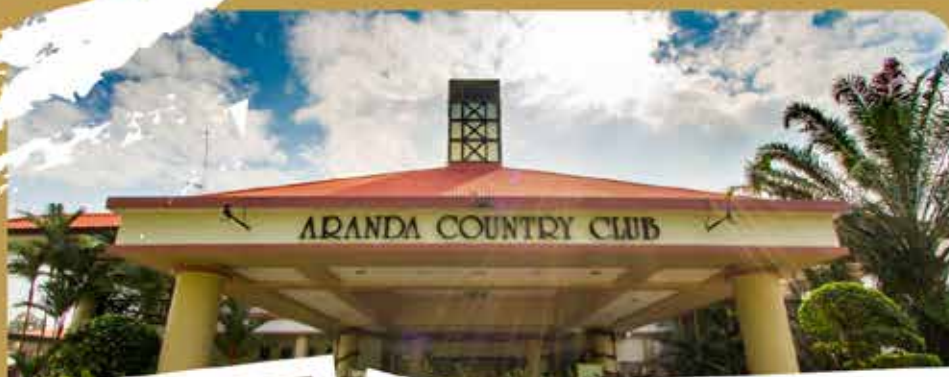
Ricky Tan: 9108 0781

Co. Reg No: 200416795Z

“ We provide customized gardening maintenance and landscaping related services tailored to the needs of our client, within budget, on time, with an obsessive dedication to getting it right for you whenever you may need us. ”



Refer your friends to join Term membership & receive mystery gifts!



*Pamper yourself @
Aranda Country Club*



NTUC Union Member \$650

Public \$750

Sign up **1 Year Term Membership** & receive a limited-time only **Welcome Pack worth \$1,000!**

- Complimentary 2DIN Stay at newly furnished 1,600 sqft Executive Suites
- Complimentary Wild Wild Wet Annual Premium Membership
- Free Introductory Golf Course at Marina Bay Golf Course and bowling vouchers/ introductory bowling fun at Orchid Bowl
- Additional social passes for friends and relatives & Discounts for programmes organised by Aranda Country Club
- MYSTERY PERK by promotion partners!

For more information, please visit www.arandaclub.org.sg or email linda.brueschweiler@arandaclub.org.sg



A man of few words ...checking for defects. Some photos showing how he train others how to look for defects on the polished top

THE UNSUNG HEROES BEHIND THE SCENE OF THE MAKEOVER 18 EXECUTIVE SUITES

An expansive upgrade was extended to the ever-popular Executive Suites on the 1st and 2nd levels. Let's take a look at the unsung heroes behind the scene and the stringent efforts put into perfection.

"My outlook in life has always been to embrace diversity and affect adversity. I appreciate contemporary concepts while respecting notions of the past and I love multiplicity in people and cultures, geographical views and lifestyles. To me, adversity is meant to be manipulated, not beaten into submission, until it amalgamates and harmonises with the intended design. This is the attitude I adopt to fuel my creative inclinations. This is the attitude of Atelier Tang. I have always liked to work with NTUC Club and that's why I took up this renovation project. It has been a wonderful experience! I think after the refurbishment, no one has second thoughts wanting to stay in such a spacious and homely executive suite!"

The Executive Suites give stunning views of Wild Wild Wet arousing excitement as well as the calm greenery embracing Pasir Ris Park. Guests can enjoy charming nature treks through the nearby Pasir Ris mangrove swamp, where one can spot otters and herons in their natural habitat and be awed by nature. Alternatively, one can relish the buzz of Downtown East just 3 minutes away. Simply contact our friendly concierge at the front desk for more information on interesting places and in-house programmes curated for members and guests alike.

ACC and NTUC members get to enjoy special rates from \$180 on weeknights and \$280 on weekends.

Call 6584 6811 or email reservation@arandaclub.org.sg to make your reservation now!



Proving his point on importance of having the corridor wall frame to avoid chipping of walls.





ARANDA COUNTRY CLUB GOT TALENT: A CLOSEUP INTERVIEW WITH UNCLE DENNIS

So who is Uncle Dennis? And what talent are we talking about? Uncle Dennis or Dennis Boh is a Pioneer Member of Aranda Country Club. He relates having a country club membership with Aranda in the 1990s was like a symbol of status or prestige. Like his art pieces, he has a colourful career. In the last 46 years, Uncle Dennis has been an Education Management Consultant and Contractor teaching in Thailand and Sumatra, customer service manager for oil retail industry, fast food manager and a volunteer at CDAC for 13 years. He loves cooking, baking, gardening and of course, paper quilling. In fact, he contributed paper quilling creations for all the executive suites at ACC. He has a great voice and diction, and he enjoys learning on how words are being formed.

Finding Dennis: His World of Paper Quilling

"Here we go out and back in, and back in..." Like Nemo, Uncle Dennis is like an explorer and that's how he discovered the art of paper quilling.

Uncle Dennis, it looks like you're a jack of all trades? How did you pick up paper quilling?

Paper quilling – I defined as whimsical art. It has to do with imagery or abstract. 3 years ago, I was surfing the internet. I got attracted with this very funny art --digital objects -something like this. I started to borrow more than a dozen of books all over the libraries in Singapore and also learnt from YouTube such as Azlina Abdul and other people into paper quilling as some of them post their works on YouTube. I also look out for templates in Pin interest and adapt them. I cut papers in strips. I enjoy trimming paper as it is very therapeutic. It calms the nerves and I enjoy being in the moment.

I was with Octogram Design as an office manager many years ago. It was one of the local graphic design companies, so I've also

learnt a lot about colour and design. This really helps to contribute to my interest in paper quilling. In paper quilling, you do not have to confine to convention. For instance, the leaf can be presented in a symbolic way.



Passion in Art and Philosophy of Life

Tell me a little about your association with imagery as you mention in your art pieces. What do they symbolise?

Wildflowers are strong and robust, and they survive through four seasons. They come in variety and are beautiful and people don't notice them. I chose a background to show how they blend in nature. They are in the dim moonlight but yet they shine and survive in the darkness of light. Just the same resilience shown in some people and some people don't get noticed with work they have done but they are strong survivors.

We hear you as you describe your art pieces with imageries. Tell me how does art relate to you and philosophy in life?

I always love life, the abstract form and appreciate colour and the arts. Whatever comes. I am very flexible, love good food, warm friends. I am very kind towards people, value long term friendship, appreciate colour and arts. With an introduction of every piece of paper quilling, one never knows what the end is going to be like. It's not planned and impromptu and I just want to find the destination – then you frame up the completed piece. I know it's not perfect, but you just close the chapter and work on another thing. Things happen for a reason. More of a philosophical person, I'm not mathematic or scientific in thinking as not everything is linear. I take things in a flux. Life is chaotic and it's always

changing. It is a good lesson for me. For example, I may not quite like a person, but he could be a changed person the next day. I customise my pieces with people style, and I learn to accept their values and aspirations. I learn a lot from them as I customize each piece of work while I read people's characters. I'm a strong believer of customer service. Customers pay your salary. When I look at a problem, I focus on the task that is more important.

What do you do with the completed pieces?

I don't keep them. I gave them away. I gave to my Malay neighbours, my relatives, my friends, and also domestic helpers. I can see the happiness in their eyes.

What makes you decide to pick paper quilling as a hobby and what is actually needed?



I am in this art because it is affordable. I spent about less than \$100 and I've got a printer for A3 prints. I am rather resourceful. All you need is a Cricut maker. A simple kit like this... A normal set could cost about \$25.



ARANDA COUNTRY CLUB GOT TALENT! NATURALLY NANA



Bright, bubbly and brilliant were the first 3 words that came into our mind when we first bumped into Nana and her husband, Azhari at their colourful haven, Tiarabel- tucked neatly at the corner of Begonia Pavilion in January. The place is full of cheerful colours filled with little treasures everywhere. It's like walking into a place full of lollipops. (Without the sugar) Nana is a new Term Member of ACC and a regular patron of our gym. She has a contagious smile and is very passionate about patchwork. Unveil the interesting story on how patchwork has helped her to overcome a major obstacle in life.

Tell us a little about your passion for patchwork.

I fell in love with patchwork since 2012. I constantly improve my techniques through YouTube videos. You know all the colours. I just feel happy when I see bright colours. It rejuvenates you – patchwork is therapeutic! At one point, patchwork became my last straw to sanity. It makes me more resilient.

Interesting. Can you elaborate a little more on how patchwork makes you more resilient?

In 2013, due to incompatible ingredients in fitness supplements, I developed negative side effects which triggered a condition known as Generalized Anxiety Disorder(GAD). It is one of the most difficult anxiety disorders to treat. This was really a major setback. My routine became topsy turvy and I developed regular panic attacks so much so that even previously mundane tasks such as driving became a major challenge. I just could not focus and would regularly freeze with mental blocks.

It must have been a challenging experience. How did you overcome it?

It's my passion for patchwork that helped me to keep my mind focused and improved my outlook on life. So much so that in 2018, I was able to set up a workshop space with the dream of conducting sewing and related classes albeit in a one-to-one environment. Needless to say, I have very strong family and social support but more than anything else, my husband is my rock! He sticks with me through thick and thin. I have known him since I was fifteen.

How did Tiarabel come about?

I started Tiarabel back in 2012 as an extension of my hobby and passion for sewing and related crafts such as quilting, crochet and the like. Tiarabel was named after two of our daughters, Tiara and Bel who have also been involved with the set up in one way or another. As my condition greatly improved, in 2020, we decided to move from our workshop at T-Space in Tampines to Begonia Pavilion at Downtown East to ensure the premises to be more accessible for classes and sewing-related courses. As my husband suggested, it would also serve as a platform for displaying my hand-made products which include placemats, quilts, bags and more. I love this place. It is now my second home.

We are glad that you love this place and thank you for sharing your story on your passion for patchwork.

My pleasure and I hope my story can encourage people facing similar challenges.

Tiarabel has started sewing-related courses such as sewing for beginners, dressmaking and quilting. But moving forward, it will be exploring into bonding programmes for parents and children. All Aranda Country Club members will be entitled to a **10% discount off** the products and classes. Please call **9329 0009** to arrange for an appointment.



Check out Tiarabel on the Instagram ID [@tiara_bel_](https://www.instagram.com/tiara_bel_)



“ Our stay at Aranda Country Club has been pleasant and has been consistently so in the past few times we’ve been there. Every room that we have stayed in has been clean and comfortable. Moreover, the staff there, like Shirley and the front desk staff, as well as the cleaners have always gone the extra mile to accommodate and ensure our stay is a pleasant one. Aranda Country Club is perfect for a family get-away and we can’t wait for our next stay! ”

Jonathan Foo & Family



PROGRAMMES

14

MAY 2022
SAT

Yoga Trial Lesson

Type: Physical
No. Pax: 10
Fee: \$5
Time: 7pm-8pm
By: Smma

28

MAY 2022
SAT

Knowing Singapore Series : Trekking (Trek De Choo Choo)

Type: Physical
No. Pax: 15
Fee: \$14
Time: 5pm - 8pm
By: Kid

04

JUNE 2022
SUN

Parents And Kids Series: (Button My Heart)

Type: Physical
No. Pax: 10
Fee: \$12
Time: 2pm - 4pm

09

JUNE 2022
THU

Parents And Kids Serie Be Friend with Your Child

Type: Online
No. Pax: 10
Time: 8pm - 9pm
By: Josey Koh

11

JUNE 2022
SAT

5 Diet Change to Regain Youth

Type: Online
No. Pax: 10
Time: 2pm - 3pm
By: Eileen

18

JUN 2022
SAT

Parents And Kids Serie: (Button My Heart)

Type: Physical
No. Pax: 10
Fee: \$12
Time: 1pm - 3pm

19

JUN 2022
SUN

Know Your Body Series : (Know your Body Meridians through Guasha)

Type: Physical
No. Pax: 10
Fee: \$10
Time: 1pm - 3pm
By: Kid





THE APIARY

with a capacity for 160 pax – the perfect place for private events such as solemnizations, weddings anniversaries, birthdays, company meetings and product launches. Interested? Please call **87662242** for more information.





20% DISCOUNT. ONLY ACC MEMBERS. THE REST JUST DON'T GET IT

BEVERAGE MENU

COCKTAILS - 10

- Gin & Tonic
Gin, Tonic Water, Lime
- Negroni
Gin, Campari, Sweet Vermouth, Orange Peel
- Old Fashioned
Rye Whiskey, Angostura Bitters, Orange Peel
- Whiskey Sour
Bourbon, Angostura Bitter, Lemon, Orange peel
- Mojito
Rum, Lime, Fresh Mints
- Martini
Gin, Vermouth, Olives
- Lychee Martini
Vodka, Vermouth, Triple Sec
- Orange & Thyme Martini
Vodka, Vermouth, Cointreau

HOUSEPOUR - 10

- Gin - Bombay Sapphire / Rum - Bacardi
- Vodka - Skyy / Brandy - St Remy
- Bourbon - Jim Bean / Jack Daniel's
- Whiskey - Johnny Walker Black

OTHERS - 5

- Sparkling - San Pellegrino
- Still - Aqua Panna
- Coke / Sprite / Ginger Ale
- Sprite / Tonic / Soda
- Chilled Juices
- Orange / Pineapple

DRAFT BEERS

- Carlsberg Single Tower 48
- Carlsberg Twin Tower 85
- Asahi Single Tower 55
- Asahi Twin Tower 90
- Asahi Black Single Tower 58

FULL PINTS & BOTTLE

- Carlsberg - Pint 9
- Asahi Super Dry - Pint 10
- Asahi Black - Pint 10
- Jing - A - Pint 9
- Corona - Bottle 7
- Peroni - Bottle 7

MOCKTAILS - 7

- Non-Alcoholic Mojito
Elderflower, Lime, Mint leaves, Soda
- Gimlet
Cucumber, Lime, Soda
- Cucumber Lemonade
Cucumber, Lemon, Lime, Thyme
- Fizzy Pine & Gin
Pineapple, Lime, Ginger Ale
- Shirley Temple
Grenadine, Ginger Ale, Mint & Lime

WINE

- House Wine
Argentina Urban Malbec & Sauvignon Blanc
- By Glass 9
- Bottle 38
- Cape Dream Pinotage 2019
Robertson Valley, South Africa 38
- Cape Dreams Chenin Blanc 2018
Robertson Valley, South Africa 38
- Sutter Home Cabernet Sauvignon NV
California USA 38
- Maschio Del Cavaleri Prosecco DOC NV
Veneto, Italy 45

ME NU

Main Course.

- Herb crusted Lamb Rack 28
Rack of Lamb Coated with Parsley Crumbs Served with Pumpkin Puree
- Surf & Turf 26
Iberico Pork Jawl & Calamari served with Citric Sauce
- Roasted Chicken 22
Quarter Chicken with Pesto Pumpkin Puree served with Chicken Jus

Pasta - Linguine

- Carbonara 12
Creamy Egg Yolk Sauce, Bacon
- Marinara 16
Mixed Seafood, Tomato Sauce
- Aglio E Olio 14
Fresh Prawns, Spicy Aioli Sauce
- Pesto 12
Calamari, Basil Pesto

Add ons

- Fries 5
- Salad Greens 4
- Bernaise Sauce 2
- Furigake 2

Bites

- Furigake Spiced Fries 8
- Crispy Soft Shell Crab 14
- Mussels with White wine 12
- Melted Cheese Toast 10
- Picada Calamari 12
- Balsamic Mushrooms 12

Burgers

Served with Furigake Fries

- Cognac Burger 22
Beef Patty Glazed with Cognac, Sliced Onions, cheddar Cheese, Pickles
- Blue cheese Burger 26
Beef Patty, Blue Cheese Sauce, Tomatoes, Lettuce, Bacon
- French Burger 18
Pork Patty, Bernaise Sauce, Pickles
- Swiss Burger 18
Beef Patty, Caremellised Onions, Balsamic Mushrooms, Cream Sauce

Dessert

- Churros with Chocolate 10
- Coffee & Honeycomb
- Burnt Cheese Cake with Berry Compote 12

Kid's Menu

- Chicken Tomato Pasta 10
- Cheese Fries 6
- Tomato & Cheese Toast 6

learningjungle.com

The Learning Jungle Program combines effective teaching approaches with a unique delivery method to create the optimal learning environment for children to excel.

Swimming . Yamaha Music . STEM classes

Toddler - Pre-Nursery
Nursery - Kindergarten

Learning Jungle Pasir Ris
60 Pasir Ris Drive 3, Level 2
Aranda Country Club | Singapore
T | +65 65820882

Request a tour online
Discounts for Aranda and NTUC Member
For more information and a detailed listing of other locations, please visit our website.

Learning Jungle is a global provider of quality educational child care, enriching young minds and inspiring children to be creative, mindful and influential to the future of our families, communities and the world we live in.



Candid Camera: Caught a very heartwarming and sweet episode. Yvonne was helping a boy to overcome his fear and to focus his attention. He was clinging tightly and looking at the coach.

Yvonne: I know I'm very pretty but you don't need to keep looking at me.

Ernest: But I love you!
Yvonne: I love you too.

This is how the Yvonne Swim School goes about coaching kids to swim. The technique used is being friendly but firm to get message across to them. With her experience and knowledge she never fails to make the children feels comfortable and enjoy the class.





HOME RENOVATION STAYCATION PACKAGE

Stay at our refurbished 2 Bedroom Executive 1550sqft Suite
without bursting your budget while re-developing your home



Package Includes :

- 4 x Club facilities passes
- Complimentary parking
- 20% Discount at ASPA @ Aranda
- Shuttle bus service to-and-fro Pasir Ris Mrt

Attractive rates!

7D6N	1 Month
\$1200 - ACC Member	\$4800 - ACC Member
\$1350 - NTUC Member	\$5000 - NTUC Member
\$1900 - Public	\$5400 - Public



Safe Management Measures & Terms and Conditions Apply

For reservations: 6584 6811 or email us at reservations@arandaclub.org.sg

OCC TAIJI QUAN



Taijiquan, a Chinese martial art renowned for its gentle, slow movements are beneficial to the health and wellness of both body and mind. Join our Taiji Quan class and find out how to make the most efficient use of body, mind and spirit.

Date & Time:

Sunday or Monday

7.30am - 9am

(Participants to choose either 1 day)

Venue:

Outside Tennis Court



*Taiji Quan by
Bernard Sew*

Certified Instructor RCTTC, Direct & Inner disciple of Rennie Chong from Rennie Chong Tai Chi Training Centre

Fees per term	Fees		
	OCC/ACC Member	NTUC Member	Member's Guest
4 lessons per term	\$56	\$61	\$66

Fees are subject to GST. Min of 10 pax for lesson to start, up to a max of 20 pax.



Email snr@orchidclub.com to start your Taiji Quan training now.

Go With The Flow With

nEbO

nottheusualclub

Flash Your Card - Enjoy Awesome Fun & Cool Perks!

Enjoy **1-year COMPLIMENTARY entry to Wild Wild Wet*** when your child signs up for **nEbO MAX Membership** today at

\$35

Total value worth over \$400

Scan The QR Code For More Information

Get your child to join the nEbO community to enjoy exclusive deals and get **up to 25% discounts** at participating merchants!



Promo Code: OCCxnEbO

Valid Till 31st Dec 2022



*nEbO Max Membership is applicable to youth 12 to 23 years old

WORK • WORLD • LIFE
READY

www.nEbO.sg

nEbOsg

nEbOsg

nEbOsg

nEbOsg

Free Online Courses

Stay Updated with Technology!

#SmartNationTogether



Scan the QR code to
sign up for the
different free courses
available monthly.



Proudly supported by:





DISCOUNT
FOR ARANDA,
NTUC UNION
MEMBERS

**TRAIN
WITH US**
AT
ARANDA COUNTRY CLUB
60 PASIR RIS DRIVE 3

YVONNE SWIM SCHOOL
PROVIDES SWIM & AQUA FITNESS PROGRAMS

WHATSAPP/TELEGRAM: 8328 6865
WWW.YVONNESWIMCHOOL.COM