ARANDA news

A SEASON FULL OF EXCITING HAPPENINGS!

- 4D3N Genting, Malacca & KL tour
- 1-for-1 main course at ASPA
- 10% off for restaurants at Foodpanda
- **\$**5 off your ride to/from Aranda Country Club
- Up to 20% discount at our tenants & more!

A Labour Movement Destination by NTUC Club



CLUB COMMITTEES & GENERAL INFORMATION

General Committee

PRESIDENT Mr. Chong Kee Hiong

> VICE PRESIDENT Mr. Lim Eng Lee

SECRETARY / GM Mr. Benny Lee

TREASURER Ms. Ho Poh Ching

MEMBERS Mr. Franz Yeo Mr. Raymond Chin Mr. Ronnie Tan

Aranda News is published quarterly and distributed free to the members of the Club. Views and opinions expressed may not necessarily reflect those of the Club, its committee or editorial staff. Editorial team: Sharmaine Look & Liu Hui Xuan

To receive an e-copy of this newsletter, advertise or provide editorial content, please email to marketing@arandaclub.org.sg.

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Dear members and friends,

Warmest Greetings from Aranda Country Club!

After more than two years of disruptions caused by the Covid-19, it is with great joy that we welcome the easing of the restrictions! We have resumed the organised events at our Club to continue to provide unique and memorable experiences for you and your family.

In the past few months, we have had overwhelming response for our tours to Malaysia. Hence, we have organised a 4D3N tour to Genting, Malacca and KL on 22 to 18 October 2022. You can check out other upcoming exciting events listed on page 2 to 5.

The Aranda team has also put in place special arrangements with our tenants and partners to enhance the value proposition of our membership:

- With ASPA restaurant to offer 1-for-1 main course for members in August and September 2022.
- With ComfortDelgro for \$5 off taxi fare to and fro Aranda Country Club from September to November 2022.
- 10% discount at selected restaurants on Foodpanda from September 2022.
- Downtown East vouchers mailed to you the second week of August.

Look out for more promotions and deals for members!

I take great pleasure in introducing to you the new educational and leisure tenants at our Club. They will provide special privileges for members.

- Bait N Catch offers big head prawns and yabbies for catch in four freshwater ponds.
- MindSpace, After School care and Enrichment Academy launched by MindChamps for your child to get started on his/her journey
- Jewel Music Box (previously known as Ten Dollar KTV) has reopened in June to those who love to sing your heart out.

We look forward to seeing you and your family at our upcoming events and to enjoy the facilities at our Club! Stay safe & healthy!

Best Wishes, Chong Kee Hiong







Mary Kay Workshop



Sat, 3 Sep 2022







Free (ACC Member), \$2 (NTUC Member), \$5 (Guest)

You have heard about the buzz about the different skin types, ranging from normal, oily, dry, to combination or sensitive skin types. But do you really know what YOUR skin type is and what it really needs?

Highlights of the workshop:

- Understanding your skin type and needs
- Cleansing Techniques
- Exfoliation
- Freshener
- Anti-Ageing Supplements
- Protection against the sun
- Protection against environmental pollutants

Coin Bank Sat, 10 Sep 2022 2 pm to 3.30 pm Kids room



\$45 (ACC Member), \$50 (NTUC Member), \$60 (Guest) | materials included

Cultivating a healthy habit of saving is important especially for children who may not understand the concept of money. Make this the first step in your child's finance learning experience about saving and spending money.

Trek De Southern Ridge Line



Sat, 10 Sep 2022



2 pm to 3.30 pm

\$20 (Guest)



Entrance of West Coast Plaza (154 West Coast Road)



\$15 (ACC Member), \$17 (NTUC Member),



Looking for a stress reliever and a break away from the computer screen? Join us for a trek from the quaint Clementi Woods park, through the hallow grounds of the National University of Singapore and the historic Kent Ridge Park before ending our journey of discovery at Opium Hill.



Trek De Opium Hill





📰 Sat, 24 Sep 2022 🚫 3pm to 6pm 📄 👘 \$15 (ACC Member), \$17 (NTUC Member), \$20 (Guest)

Join us for this afternoon trek as we take a ramble around the forest of Opium Hill and experience what it must have been like for the invading Japanese soldiers as they fought their way uphill against a brave but heavily outnumbered troop of the 1st Malay Regiment.



Turmeric is a common spice



Sat, 8 Oct 2022





2 pm to 3 pm Tulip Room Free (ACC Member), \$2 (NTUC Member), \$4 (Guest)

Turmeric is a common spice that comes from the root of Curcuma longa. People commonly use turmeric for osteoarthritis. It is also used for preventing high cholesterol or any liver disease. It has very high anti-inflammatory properties where some believe to have used it to help to prevent Covid.

Join us to find out how can turmeric helps in our daily life and how we can include them in our daily diets.



For enquiries or registration, please email linda.yeo@arandaclub.org.sg or call Linda Yeo at 9690 1701



Choosing the right type of cooking oil



 Sat, 22 Oct 2022
 I pm to 2.30 pm
 Tulip Room





Free (ACC Member), \$2 (NTUC Member), \$5 (Guest)

Have you ever wondered which type of oil works best for frying chicken and which works better for deep frying? Dive into the world of cooking oil and explore which oils work best for which ingredients and cooking methods.



Trek de Chestnut



Sat, 29 Oct 2022 () 3pm to 6pm

\$15 (ACC Member), \$17 (NTUC Member), \$20 (Guest)

Join us on this refreshing trek where we check out various beautiful & interesting sights around the Chestnut forest of Bukit Timah Nature Reserve. Be prepared to get "lost" amongst the myriad of greenery while we attempt to discover and enjoy the beauty of this area.



For enquiries or registration, please email linda.yeo@arandaclub.org.sg or call Linda Yeo at 9690 1701

UPCOMING EVENTS

4 Day 3 Night Genting





Twin Sharing: ACC/OCC Member \$325, NTUC Member \$335, Guest \$345 Single: ACC/OCC Member \$475, NTUC Member \$485, Guest \$495



Day 1: Singapore/Malacca/Genting

0630hrs	Gather at pick up point
0730hrs	Clear both side custom & proceed for breakfast (Own Expenses)
0830hrs	Proceed to Genting
1200hrs	Lunch @ local restaurant (Malacca)
1300rhrs	Shopping at Malacca
1400hrs	Continue the journey
1900hrs	Arrive at Genting Skyway, hotel check-in, Free & Easy

* Genting check in time: 1830hrs

Day 2: Genting

1230hrs Take Cable car to Premium (Own Expenses) Free & Easy

Day 3: Genting

Free & Easy

Day 4: Genting/KL/Singapore

0800hrs	Check out hotel		
1000hrs	Proceed to KL Shopping		
1700hrs	Dinner at Local restaurant		
1900hrs	Head back to Singapore		
2200hrs	Estimated arrival at Singapore		
NOTE: Daily breakfast is not provided at Genting Hotel			

Note: Itinerary is subject to changes

For enquiries or registration, please email linda.yeo@arandaclub.org.sg or call Linda Yeo at 9690 1701.



PAST EVENTS

Know Your Meridian 101

Members and guests who were interested in learning about their body and personal health had a wonderful time experiencing the magic of Guasha with biotech TCM essential oils on Sun, 5 June 2022. Participants of the workshop also learnt new methods to de-stress and improve their body and personal health.





2D1N Kukup Tour

Embarking on a 2 day 1 night trip to Kukup on 18 to 19 June 2022, participants enjoyed scrumptious seafood and BBQ lunch and made their way over to the local fish farm via boat rides.

"Thanks for the wonderful trip! My friends and I thoroughly enjoyed the food and experience" - Alice





Trek De Choo Choo

On 28 May 2022, following a 19km-long railroad along the now defunct Jurong Railway Line, trekkers were able to enjoy and experience the scenic view of what was once a popular railroad connecting Malaysia and the Jurong industrial area's docks in 1963 which eventually closed in the 1990s.

"This ranks as one of my favourite Singapore treks ever since I started trekking it in the early 90s. I even coined the name Choo Choo Trek for it." - Ho Ee Kid









On Sat, 25 June 2022, interested trekkers went for an experiential journey where they explored Changi and visited the old Changi Hospital. Tales of the past were also shared as they listened in bated breaths for the common ghostly experiences.





Paper quilling workshop

With just paper strips and glue, participants in the workshop were able to master the basic techniques of paper quilling on 9 July 2022. They had a marvellous time creating beautiful and amazing art that took our breath away!



2D1N Durian Tour / Malacca

The durian season has come and on 2 to 3 July 2022, avid durian eaters went on a trip to Malacca in search of fresh and delicious durians. Participants also went on a Malacca River cruise and visited Jonker Night Market.

"Thanks for your hard work and the care you provided during the trip, we really appreciated and enjoyed the 2 days. We had a great time feasting on the durian feast as well!" - Ms Serene Ng Bee Hong

"Thank you for the enjoyable Malacca trip. Nice food, good durian feast, and lots of shopping!" - Goh Siew Muay



4D3N Cameron Highland

Over 30 members and guests departed for a 4D3N trip on 20 to 23 August. They had a great time visiting Tea plantation, Strawberry / Vegetable / Lavender / Bee farms, Rose Garden, Cactus Valley, local products shops and day/night markets.

"This is the first trip I went with Aranda after 25 years of membership. Pat and I enjoyed the holiday as it was well-organised with good programmes, hotel and food. Thanks to the team and I hope to join in other tours." - Mr Koh Chin Giap

"Thanks for your effort in making sure everyone of us is safe. It was a very relaxing and enjoyable trip. We are glad that everyone got fresh corn from Cameron." - Ms Serene Ng Bee Hong





Electronic Parking System

We have successfully implemented the full Electronic Parking system which enables vehicles to gain entry and exit in a convenient manner.

Please send us your details if you have not done so. It will take 7 working days upon receiving your details for you to enjoy complimentary parking at Downtown East and Aranda Country Club.

Please email to membership@arandaclub.org.sg with your full name, membership number, vehicle number plate and IU number. Alternatively, you can call the hotline at 6584 6811.

Downtown East vouchers

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SHOP

Good news! Team Aranda is bringing more privileges for ACC members. We have collaborated with Downtown East to bring you the dining, shopping and play vouchers! The vouchers were mailed to your address during second week of August. Present your vouchers at the respective outlets for redemption by 31 Oct 2022. Enjoy!

Highlights:

- \$10 off at ASPA restaurant
- 10% off Swensens
- 1-for-1 Thai Milk Tea at Tuk Tuk Cha
- 10% off at Don Don Donki
- 40% off Rayban frames at eyes 2 eyes

T&Cs apply.

WINNERS OF THE MEMBERS' SURVEY

Dear members,

We thank you for your valuable insights and participation in our recent Member Survey. We are proud to announce the five winners who will be walking away with exquisite handmade table mats & coasters!

Congratulations to our 5 winners:

- Ms Alicia Yeo
- Mr Eugene Ang
- Mr Tony Lee
- Ms Veronica Tay
- Mr Yin Hong Shuen
- For those who have not collected your prizes, please check your email and collect your prize latest by 31 August 2022. Thank you!





Planning an event soon?

Here at Aranda Country Club, we are delighted to be your venue of choice with attractive packages. Whether it is for birthday parties, meetings, team bonding, weddings or celebrations, let us create a memorable and successful event with you.

For enquiries or booking of Pool Pavilion and board room, please call 6584 6811 ext 32 or email sales@arandaclub.org.sg.





Pavilion

Popular spot available for private bookings of events, birthday parties, activities etc.

Pool Pavilion Rates		
ACC Member / Corporate Tenant	Half Day: \$350 Full Day: \$650	
NTUC Member	Half Day: \$450 Full Day: \$750	
Public	Half Day: \$600 Full Day: \$1,150	

Tulip Room

Need a place for small group meeting? Check out the Tulip Room.

Tulip Room Rates			
ACC Member / Corporate Tenant	Half Day: \$78 Full Day: \$150		
NTUC Member	Half Day: \$150 Full Day: \$300		
Public	Half Day: \$230 Full Day: \$430		



"The Pool Pavilion was the perfect location for my 2 year old's birthday - sheltered but still open-aired. It was spacious and airy and looked good too.

The team has been very very accommodating to ensure the event went through and smoothly from the very beginning! Will definitely hold more events there!

Many thanks."

Jaswin 23 Augu<u>st 2022</u>



"On behalf of our colleagues from the region, we would like to say a very big Thank You to the team for your support during our 1-day hybrid workshop at Tulip room at Aranda Country Club.

The workshop went well, with the good food in between breakfast and lunch at ASPA. My visitors were happy with the arrangement which enabled us to focus on our workshop discussion that went throughout the whole day.

Your colleagues in general had been most helpful and accommodating, we couldn't have asked for better hospitality.

Thank you and I am sure when we have another workshop in Singapore, Aranda Country Club will be at the top of our choice."

Mr Tan SH General Manager 4 August 2022



Apiary

With a capacity for 160 pax – the perfect place for private events such as solemnizations, weddings, anniversaries, birthdays, company meetings and product launches. Interested? Please call 8766 2242 for more information.

Time to start an active lifestyle?

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Gym

Swimming Pool

Members' Lounge

Kids Play Room

Sauna & Steam Room

1111

Reading Room

Leisure Room

Enjoy a moment of fun in the pool, hustle for that muscle in the gym or sweat off the stress in the sauna.

Operating Hours of all facilities: Monday to Sunday: 7am to 9.30pm

Leisure room: Monday to Sunday: 10am to 9pm



Need a getaway with BBQ with family or friends? Enjoy up to 30% discount when you book the 2-bedroom Executive Suites from Mon-Thu! Suites start from \$175 per night.

BOOK NOW

Promotion include vouchers:

- \$10 voucher at ASPA restaurant
- 1 hour free prawning at Bait N Catch
- \$10 voucher at Jewel Music box

Limited time offer! Contact us today!

- Valid for bookings on Mon-Thu from 12 Sep to 17 Nov 2022.
- Other T&Cs apply.

6584 6811 reservations@arandaclub.org.sg www.arandaclub.org.sg





Enjoy these privileges as a ACC member!

Limited Time Offer!



Learning Jungle 10% discount

Yvonne Swim Sch

Discount varies



Momley Loft 10% discount



Bait N Catch 10% discount



MindSpace 10% discount



ASPA 20% discount



Jewel Music Box 20% discount



FoodPanda 10% discount

Sign up term family membership now & receive a welcome pack worth \$2,200 & more! NTUC member: \$650 Public: \$750 T&Cs apply.

CONTACT US

6584 6811 ext 14 membership@arandaclub.org.sg www.arandaclub.org.sg





Home Renovation Staycation package

Stay at our refurbished 2-bedroom Executive Suite, without bursting your budget, while renovating your home.



ENJOY COMPLIMENTARY CLUB FACILITIES:

Swimming Pool, Gym, Sauna, Steam room, wireless internet, free parking & shuttle bus services to and fro Pasir Ris mrt.

Each suite provides a comfortable living room, dining area, a pantry with a refrigerator, 2 bedrooms with 2 bathrooms, all within a 1,550 sq ft homely accommodation.

Attractive rates:

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- ACC member: \$1,300
- NTUC member: \$1,500
- Public: \$2,300

One month

- ACC member: \$5,000
- NTUC member: \$5,200
- Public: \$5,800

T&Cs apply.

6584 6811



reservations@arandaclub.org.sg

www.arandaclub.org.sg



Momley Loft is a service provider in partnership with Aranda Country Club, offering holistic wellness programmes with accommodation. Ranging from postpartum nourishment and body rejuvenation to nonpostpartum services like Tuina massages, Momley Loft is the perfect wellness sanctuary for new parents, young families, and couples seeking an idyllic retreat.



New Families, Young Families & Couples Staycation Packages



10% discount for Aranda Country Club Members & 5% discount for NTUC Members

Momley Loft Aranda Country Club Executive Suites Level 3, 60 Pasir Ris Drive 3 Singapore 519497

Find out more at <u>www.momleyloft.com</u> or email us at hello@momleyloft.com



Bait 'n Catch

Time out with your loved ones with prawning

Bait N Catch is the newest, latest & freshest prawning arena in the East, located at Aranda Country Club!

There are 4 freshwater ponds, consisting of big head prawns and yabbies. Come down to have your freshly caught prawns and yabbies, grilled to perfection on the new Industrial BBQ grills! What's more, ACC members enjoy a 10% discount off the rack rate! Open daily from 7am to 3am for your late night prawning sessions.

Book your prawning slots via https://www.facebook.com/bncsg/ Head over & start prawning today!

1 hour	\$18
3 hours	\$36
10 hours	\$110

3 Hours Coupon: Need to be fully utilise by the next session

10 Hours V.I.P coupon: Unlimited sessions at minimum 1 hour per session/ rod

Unlimited rod sharing every session







*Visit https://www.cdgtaxi.com.sg/promotions/aranda for T&Cs. Limited redemptions. "For new users only.

MindSpace MindChamps Weekend Enrichment The Ultimate **Programmes for Primary 1 to 5 Students** After School Care & Enrichment English | Maths | Science | Chinese Academy Complementing the MOE syllabus, our Primary Success Programme will help your child learn more effectively and achieve breakthrough results with our proprietary techniques. MindSpace provides your child with Sign up now to enjoy: these 6 powerful gifts: Savings of up to 30% and waiver of registration fee. The Champion Mindset The Art of Learning The Optimal Flow Method[™] The best Champion Mindset and Specialist Subject Coaches Specially crafted nutritious meals and supplements Family bonding time ACC Member Special* 2 complimentary 10% savings over 9 months Waiver of uniforms registration fee MSACCW *Terms & conditions apply

Contact us to secure a place for your child today! 💿 8733 3350 🔞 Aranda Country Club #01-04

MindSpace @ Aranda Country Club brings premium after school care to Downtown East!

Would you like to save the time and effort spent travelling back and forth to your child's tuition classes? Want your child to be engaged in meaningful activities after school?

If you answered YES to any of these questions, do check out the latest arrival at Aranda Country Club – MindSpace, the new after school care brand from MindChamps. Focusing on Primary 1 to 5 students, MindSpace is the only after school care that combines student care services with proprietary MindChamps enrichment lessons featuring proven, research-backed curriculum and learning techniques to transform the learning journey of your child.

The Art of Learning teaches your child not just the what to learn but, more importantly, the how to learn so they can actively understand all the subjects taught at school.

The **Optimal Flow Method™** optimises the brain's ability to make connections and understand every concept.

With 20 years of history in Singapore, MindChamps is the only education group with 100% of our students having a one-grade improvement for Science, Maths and Chinese, and 60% having improvements of three grades or more across all subjects in the PSLE results, as verified by KPMG Singapore.

Visit MindSpace @ Aranda Country Club and discover how MindSpace can give your child the best foundation for success. To book a visit, please call 8733 3350.

MindSpace offers one-stop after school care with:

- Subject enrichment featuring research-backed curriculum and proprietary learning techniques
- Specially crafted nutritious meals
- Fun and enriching holiday programmes









and snacks to quench your thirst and regain energy.

The 23 KTV rooms that accommodate up to 15 pax, have been refurbished. Located at the third level at Aranda Country Club, make your way over with your family and friends now!

6582 0002 **OPENING HOURS:**

Open daily Room: 1 pm to 1 am Hall: 6.30 pm to 1.30 am

NEW INTAKE AUGUST 2022



FOR 6 TO 8-YEAR-OLD

FRIDAYS 19:00-20:00 / 20:00-21:00

> FOR ENQUIRIES 40 PASIR RIS DRIVE 3 ARANDA COUNTRY CLUB (LEVEL 2) SINGAPORE 519497 65 6582 0882

Junior Step Fundamental Course (6 – 8 years old)

Yamaha	Level Duration	Group		
Grade		Course Unit	Per Session	Monthly Course Fee
Grade 13	6 months	JSFC01G3	1 hour	\$117.70
Grade 12	6 months	JSFC02G3	1 hour	\$123.05

* Please note that a minimum of 8 students is required to start a class.

All fees are inclusive of 7% GST and payments are to be made before the 7th of the month, a late charge of \$5 will be incurred.
 * Fee payment upon registration is via Bank Transfer.

* A refundable deposit of \$100.00 is required. * All fees are subjected to change.

* One month notice is required if you would like to withdraw from this course otherwise deposit will be forfeited

* Percussion sets, music and manuscript books will be borne by you.

Learning

Scan the QR code to find out more!



www.ulive.sg

Programmes



Safe Banking Webinar with POSB



Hands-On



Grow Organic Vegetables Hands-On Introductory TCM Webinars with Zhongjing TCM

Benefits & Privileges



20% OFF Ala-Carte Treatment at @ Ikeda Spa







10% + 5% OFF All **C2+** Sanitisers





TO UNCOVER EXCITING EXPERIENCES



www.readyforexperience.sg 🔍

Ready for Experience aspires to bring together individuals who come from different backgrounds but find a common thread through shared interests.

Our team believes that each person contributes a unique perspective to the collective experience and we as a Community are all the bet<u>ter for it</u>.

Scan the QR Code to find out more!



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10% OFF FOR OCC & ACC MEMBERS **5% OFF** FOR NTUC MEMBERS

	WEEKDAY (Mon-Thu)	WEEKEND (Fri-Sun, Eve of PH	
COUPLE TENT	\$299	\$329	
FAMILY TENT	\$339	\$369	INCLUDES: • Welcome Drink • Swim Pass
DELUXE DOME	\$379	\$409	 Sauna Usage 1 Hour Tennis Game*
PREMIUM DOME	\$399	\$429	 1 Hour Bowling Game* Free Overnight Parking *Subject to availability
GL AMPING	Email snr@orchidclub.com to book now!		

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\$20 for nEb0 members:

Wild Wild Wet 1-day Weekday Pass + Free Set Meal*

2 for non-nEb0 members:

Complimentary 1-Year nEbO Membership (Total value worth over \$200)

Wild Wild Wet 1-day Weekday Pass + Free Set Meal*

\$3 KOI Vouchers

Free Wild Wild Wet Waterproof Pouch

*Terms and Conditions apply



Scan QR code and register now!

nEbOsg







